

## MEDICATIONS TO STOP FOR ALLERGY TESTING

*Failure to discontinue these medications will result in the cancelation or rescheduling of your test.*

### ANTI-HISTAMINES

#### STOP FIVE DAYS before testing:

- Allegra (fexofenadine)
- Zyrtec (cetirizine)
- Claritin (loratadine)
- Alavert (loratadine)
- Clarinex (desloratadine)
- Xyzal (levocetirizine)

#### STOP THREE DAYS before testing:

- Benadryl (diphenhydramine)
  - Chlor-triemton (chlorpheniramine)
  - Dimetapp
  - Bromfed (brompheniramine)
  - Extendryl
  - Periactin
  - Phenergan (promethazine)
  - Atarax (hydroxyzine)
  - Vistaril (hydroxyzine)
  - Meclizine
  - Compazine
- \*Any over-the-counter medication with the word "allergy" or nighttime med (Tylenol Allergy, NyQuil, sleep aids, etc.)

#### Nasal Sprays:

- Astelin (azelastine)
- Astepro (azelastine)
- Patanase (olopatadine)
- Dymista

#### Eye Drops:

- Zaditor (ketotifen)
- Optivar (azelastine)
- Pataday, Patanol, Pazeo (olopatadine)
- Elestat

### BETA-BLOCKERS

#### STOP the morning of testing if okay with prescribing physician:

- Atenolol
- Metoprolol
- Sotalol
- Carvedilol
- Propranolol
- Labetalol
- Any med ending in "...olol," including eye drops

#### Please Note:

1. These are general time frames, but in rare instances, skin testing may still not be accurate.
2. It is impossible to list every drug that could interfere with skin testing.
3. Certain neurologic and mood meds may also interfere with testing, but we do not recommend stopping them. In this case, we will discuss alternatives to skin testing.